



A Best Friends Caregiver Has Knack

**The art of doing difficult things with ease
or clever tricks and strategies**

Is well informed

Has empathy

Respects the basic rights of the person

Maintains caregiver integrity

Employs finesse

Knows it is easier to get forgiveness than permission

Uses common sense

Communicates skillfully

Maintains optimism

Sets realistic expectations

Uses humor

Employs spontaneity

Practices patience

Develops flexibility

Stays focused

Remains nonjudgmental

Values the moment

Maintains self confidence

Uses cues tied to the life story

Takes care of themselves